

The Clare Project

Key Services List East Sussex

Emergency support for the vulnerable/isolated

Eastbourne	Lewes and Eastbourne Councils Community Hub	Support with emergency food, medical supplies and financial crisis	Website: https://www.lewes-eastbourne.gov.uk/community/covid-19/ Phone: 01323 679722
Lewes	Lewes and Eastbourne Councils Community Hub	Support with emergency food, medical supplies and financial crisis	Website: https://www.lewes-eastbourne.gov.uk/community/covid-19/ Phone: 01273 099956
Hastings	Hastings Borough Council Community Hub	Support with emergency food, medical supplies and financial crisis	Website: https://www.hastings.gov.uk/my-council/covid19/help/ Phone: 01424 451019
Rother	Rother District Council Community Hub	Support with emergency food, medical supplies and financial crisis	Website: https://www.rother.gov.uk/news/community-support/ Phone: 01424 787000 (option 4)
Wealden	Wealden District Council Community Hub	Support with emergency food, medical supplies and financial crisis	Website: https://www.wealden.gov.uk/news-and-events/coronavirus-covid-19-latest/community-support/ Phone: 01323 443322

Homelessness

<p>Currently rough sleeping?</p>	<p>Street Link</p>	<p>Anyone sleeping rough is being temporarily housed by their local council during the lockdown. To alert your local council that someone is sleeping rough, you can contact them directly (details below) or via StreetLink.</p>	<p>Street link: 0300 500 0914. Or: https://www.streetlink.org.uk/</p>
<p>At risk of homelessness?</p>	<p>Local council</p>	<p>If you are at risk of homelessness you should contact your local council / local direct access accommodation organisations. Details in link >>.</p>	<p>For contact numbers and further details, visit: https://www.eastsussex.gov.uk/community/housing/homelessness/</p>

Need housing advice?	East Sussex Citizen's Advice	Advice and information on housing, benefits, debt, energy costs, employment.	Telephone Adviceline: 03444 111 444 For email and self-help advice, visit: https://www.eastsussexcab.co.uk/
Domestic Violence			
Fleeing domestic violence today?	National Domestic Abuse Helpline	Emergency advice and practical and emotional support.	Tel: 0808 2000 247 (24/7)
Experienced a sexual assault today?	National Rape Crisis helpline	Emergency advice and practical and emotional support.	Tel: 0808 802 99 99 (24/7)
	The Saturn Centre	Forensic and medical examinations and can test for STIs and pregnancy.	Call to book an appointment. Tel: 01293 600469 Tel: 0800 033 7797 (24/7)

Experienced domestic violence and looking for advice and support?	The Portal	Advice, support and onwards referrals for anyone who has experienced domestic or sexual violence.	Tel: 0300 323 9985 Email: info@theportal.org.uk For more information: http://theportal.org.uk/
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Financial Advice and Support

Need emergency help with food or fuel costs?	Discretionary East Sussex Support Scheme	To get emergency help for essential items you must have an unexpected need for emergency support, where this was not caused by your own inaction/ action and where there is no other support options available.	For more information, or to refer/self-refer visit: https://www.eastsussex.gov.uk/socialcare/benefits/desss/apply/
Need welfare or benefits advice?	The Welfare Benefits Project	Free, confidential welfare benefits advice for people in Hastings, Rother, Eastbourne, Hailsham and Seaford areas.	Tel: 0333 344 0681 Email: benefitseastsussex@harcuk.com

	East Sussex Citizen's Advice	Advice and information on housing, benefits, debt, energy costs, employment.	Telephone Adviceline: 03444 111 444 For email and self-help advice, visit: https://www.eastsussexcab.co.uk/
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