

The Clare Project

Key Services List Brighton and Hove

Access to Food

<p>Need a foodbank?</p>	<p>Brighton and Hove Council Community Hub</p>	<p>Central contact point for emergency food in Brighton</p>	<p>Refer/Self-Refer here: https://new.brighton-hove.gov.uk/coronavirus-covid-19/request-help-yourself-or-someone-else</p>
<p>Need a volunteer to help with shopping?</p>	<p>NHS responders</p>	<p>For patients who have NHS letter stating they are 'extremely vulnerable'.</p>	<p>Professional referral preferred – speak to your GP. Self-referral option: 0808 196 3382.</p>
	<p>Together Co</p>	<p>For anyone feeling lonely and isolated</p>	<p>Refer/Self-refer here: https://togetherco.org.uk/coronavirus</p>
	<p>Acorn the Union</p>	<p>For anyone</p>	<p>Refer/Self-refer here: https://acorntheunion.org.uk/corona/</p>
<p>Looking for any other advice around food?</p>	<p>Brighton and Hove Food Partnership</p>	<p>Website has links to places to access low-cost food, shops doing delivery, cooking on a budget etc.</p>	<p>Visit their website: https://bhfood.org.uk/coronavirus-update/</p>

Financial Advice and Support

<p>Need emergency help with food or fuel costs?</p>	<p>Brighton and Hove Local Social Discretionary Fund</p>	<p>To get emergency help for essential items you must:</p> <ol style="list-style-type: none"> 1. live in Brighton & Hove 2. be eligible for benefits or tax credits or 3. have very low income but cannot access other help 	<p>Refer/Self-Refer here: https://new.brighton-hove.gov.uk/benefits/help-and-support/get-emergency-help-food-energy-bills-and-other-essentials</p>
<p>Need debt or benefits advice?</p>	<p>Brighton Council - Welfare Rights Unit</p>	<p>Telephone advice on all welfare benefits EXCEPT Universal Credit</p>	<p>Refer/Self refer: Advice line; 01273 291116 Mond-Wed, 10 -1pm Email; welfarerights@brighton-hove.gov.uk</p>
	<p>Money Advice Plus</p>	<p>Telephone advice on benefits, debt and budgeting.</p>	<p>Refer/Self-refer: Advice line: 0800 988 7037 Email: info@moneyadviceplus.org.uk</p>
	<p>St Luke's Advice Service</p>	<p>Telephone advice on sickness or disability related benefits, Universal Credit, and Debt.</p>	<p>Refer/Self-Refer Phone:01273 549 203 Email: info@stlukesadvice.org.uk</p>
	<p>Possability People</p>	<p>Telephone advice for anyone with a physical disability/health condition, on benefits and debt.</p>	<p>Refer/Self-refer Advice line:01273 89 40 50 Email: hello@possabilitypeople.org.uk</p>

Housing Advice and Support

<p>Currently rough sleeping?</p>	<p>Street Link</p>	<p>Anyone sleeping rough is being temporarily housed by Brighton Council during the lockdown.</p>	<p>Call Street Link: 0300 500 0914 Email: brightonsos@mungos.org</p>
<p>At risk of homelessness?</p>	<p>Brighton and Hove Council Emergency Accommodation Team</p>	<p>All referrals to this team are triaged and the appropriate service then offered to prevent or reduce the risk of homelessness.</p>	<p>Call Emergency Accommodation: 01273 294400 Email: emergencyaccommodation@brighton-hove.gov.uk</p>
<p>Need housing advice?</p>	<p>Brighton Housing Trust – Advice Centre</p>	<p>One-off telephone and email advice on all housing issues</p>	<p>Advice line; 01273 645455 Email; advice@bht.org.uk</p>
	<p>Southdown Housing Trust – Southdown Support</p>	<p>Housing advice worker assigned to client for a number of weeks to support them to achieve housing related goals</p>	<p>Telephone: 01273 929 426 Email: brighton.support@southdown.org</p>

Domestic Violence Services

Fleeing domestic violence today?	National Domestic Abuse Helpline	Emergency advice and practical and emotional support.	Tel: 0808 2000 247 (24/7)
Experienced a sexual assault today?	National Rape Crisis helpline	Emergency advice and practical and emotional support.	Tel: 0808 802 99 99
	The Saturn Centre	Forensic and medical examinations and can test for STIs and pregnancy.	Call to book an appointment. Tel: 01293 600469 Tel: 0800 033 7797 (24/7)
Experiencing violence and looking for advice and support?	Rise	Support and advice for those experiencing domestic violence	Helpline 9-5 Mon-Fri: 01273 622 828
	Survivor's Network	Support and advice for female-identified survivors of sexual violence	Mon & Wed 12-2pm: 07928 818130 / 07526 074 753 / 01273 720 110. Email: help@survivorsnetwork.org.uk
	The Portal	Single phonenumber for those experiencing violence to support you to access the most appropriate service	Freephone 0300 323 9985 Email: info@theportal.org.uk

